



053 Relationships and Sex Education (RSE)

Aim of this Policy:

Our main aim of the school is to inspire excellence among our young people, developing their character and scholarship so they grow and mature into the best versions of themselves. RSE is therefore an important part of our personal development curriculum.

Principles:

The Equality Act 2010 is implemented in the School's Equality Policy.

We celebrate the fact that our students originate from different backgrounds as we believe this offers a unique opportunity to understand others and develop a mutual understanding, the essence of a cohesive and supportive community. We are a UNICEF Rights Respecting School.

The Equality Act 2010 is also implemented in our values of respect, endeavour and compassion.

- Respect for our environment, ourselves and others. Taking pride in our actions, appearance and conduct. Doing the right things always and acting with integrity.
- Endeavour in our efforts to always do our best, working hard and being resilient; never giving up. Taking pride and enjoyment in achieving things we never thought possible.
- Compassion towards others, being kind and helpful; providing support to each other whether emotionally or academically.

What is the Purpose of RSE?

The main purpose of RSE is to provide young people with age appropriate information they need to help them develop healthy, safe, nurturing relationships at appropriate times. Students will explore different attitudes and values surrounding different types of relationships. Students will develop skills so they can be empowered to make positive decisions about their physical health, mental health and sexual health as they progress through to adult life. To gain knowledge of services and support that is available.

RSE will be delivered through:

- The Personal Development Curriculum
- The Science curriculum – biology, reproduction, fertility
- The Religious Education curriculum – moral issues and religious perspectives on marriage, relationships, human sexuality, contraception and abortion.
- Computing- E-safety
- PE- Physical Health and fitness
- Pastoral activities – assemblies and form time
- Bespoke support, advice and counselling which will be offered to individuals or groups of pupils in response to identified or perceived needs
- Outside agencies and specialists
- It is also reinforced by a positive school ethos and modelled through healthy relationships between pupils and staff

Core Roles and Responsibilities

All members of the school community will be expected to engage in RSE in a sensitive manner, recognising and respecting the rights of individuals. Effective RSE should support the development of confidence and self-esteem in pupils.

Relationship and Sex Education takes into account:

- Pupils' needs
- Parental wishes
- Governors' wishes
- Government legalisation, regulations and guidance
- Teachers' expertise and confidence
- Knowledge of child development theories
- Current research, trends or information from other professional agencies e.g. social media, sexting, etc.
- Pupils' perceptions, language and feelings



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Staff

- Staff involved in the delivery of RSE will do so with due regard to the cultural and religious sensitivities of the pupils, whilst prioritising the need to equip young people with the personal and social skills, knowledge and understanding to make informed decisions in order to maintain a safe and healthy lifestyle. Students will be given opportunities to explore issues relating to RSE and this will support the development of positive attitudes and values and students' own abilities to nurture healthy relationships.
- Staff delivering RSE will be provided with appropriate CPD.

Parents/Carers

- The school includes information on relationship and sex education on the VLE and full details are available on request.
- The school informs parents when aspects of the relationship and sex programme are taught through the VLE and will provide opportunities for parents to view the resources being used if requested.
- Parents/carers of a student have the right to withdraw their children from certain aspects of sex education programme within RSE only in accordance with the law, except where the lessons form part of the National Curriculum. Any parent/carer who wishes to exercise this right should consult the Headteacher in the first instance. Upon receiving the request the headteacher will arrange a meeting with the parent/guardian explaining the resources that were to be used and the intent of the content to ensure parents/guardians are fully aware of the impact it may have withdrawing their child.
- Full details regarding the Personal Development Curriculum and the law as it relates to Relationship and Sex Education are available from the school.

Governors

- The Governing body will monitor the implementation of this policy and ensure that it is reviewed within the agreed time period.
- The Governing body will ensure that the school has access to appropriate training, information and resources to support the effective delivery of RSE.

This policy operates in accordance with the schools published Equality Policy.

Reviewed by: **Governing Board**
Date: **November 2020**
Date of next review: **November 2022**

Documents in Support of this Policy:

It is recommended that staff and governors familiarise themselves with the following documents:

- Keeping Children Safe in Education (statutory guidance)
- Moseley School and Sixth Form Equality Policy
- Equality Act 2010 and Schools
- Relationships and Sex Education (RSE) and Health Education- Department of Education July 2020