

Walking Home Alone: Safety Tips

1. Keep **Your** Keys Close. ...you don't want to have to be rooting around in your bag for keys. Be prepared.
2. Have Suitable Clothing. ...weather changes suddenly make sure you are prepared for this. Ensure you are wearing footwear that is suitable for a walk home especially if you need to walk quickly
3. Always Have **Your** Phone With You. ...and make sure your phone is always charged before you set off
4. Always Have A Method Of Payment With You. ...in case you need to catch a bus, train or taxi - DO NOT Take/ Accept Lift from Anyone. Do not take a lift from anyone unknown even though they look harmless. ...
5. Look Confident. ...
6. Trust **Your** Instinct. ...if you think you are being followed, make a call to a friend or family and talk loudly, get to a safe place quickly, walk in the middle of the road, do not walk in unlit areas try and keep to main roads and built up areas. Use Well- Lit & Busy Streets. Call the Police if you think you are in danger.
7. How Much Are You Carrying? ...if you are loaded down with heavy bags and books you will not be able to move quickly, leave things behind if you can or ask someone to drop things off for you
8. Always, Always, Tell Someone Where You Are – when you are leaving and which route you will be taking is useful too
9. Don't Wear Headphones or Earphones. ...be alert